October 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Meatballs French Fries Green Beans Mandarin Oranges Bun	**3** Beef & Bean Chili Cole Slaw Sliced Apples Cornbread	**4** Swiss Steak w/ Gravy Whipped Potatoes Italian Vegetables Pears Bread	**5** BBQ Pork Riblet French Fries Creamed Spinach Peaches Bun	**6** Sausage Patty Hashbrowns Banana Peaches Bun
9 Sloppy Joe Hashbrown Casserole California Vegetables Fruit Parfait Bun	**10** Hamburger Mixed Vegetables Pickled Beets Sliced Apples Bun	**11** Baked Pork Chops Whipped Potatoes Italian Vegetables Pineapple Bread	**12** Chicken Strips Baked Beans Buttered Corn Pears Bread	**13** Turkey & Cheese Sandwich Potato Soup Pickled Beets Mandarin Oranges Bun
16 Meatloaf Roasted Potatoes Corn Tropical Fruit Bread	**17** Turkey & Gravy Green Beans Mashed Potatoes Fruit Cocktail Bread	**18** Swiss Steak Augratin Potatoes Brussel Sprouts Pear Slices Bread	**19** Chicken Sandwich Parsley Potatoes Peas Pineapple Bun	**20** *Choice Day* Baked Pork Chop Whipped Potatoes Baby Carrots Mandarin Oranges Bread Or Choice of Chef Salad
23 Stuffed Cabbage Mashed Potatoes Peas Fruit Cocktail Bread	**24** Macaroni & Cheese Stewed Tomatoes Peas & Carrots Pineapple Bread	**25** Cheeseburger French Fries Corn Applesauce Bun	**26** Polish Sausage Mashed Potatoes Sauerkraut Peaches Bun	**27** Steak w/ Mushroom Gravy Whipped Potatoes Broccoli Banana Bread
30 Sliced Ham Yams Cauliflower Diced Pears Bread	**31** Spaghetti w/ Meat Sauce Green Beans Broccoli Sliced Apples Bread			

Menu subject to change due to availability
Call by 8:00am for daily reservation or call our
24 hour reservation line: 740-962-6696
All meals served with milk and bread.

REMINDER HDM CLIENTS:
If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safely Rules. Please call and cancel if you will not be home. Thank you.
SUGGESTED DONATION $4.00 PER MEAL FOR TITLE III CLIENTS